



## Tjarn

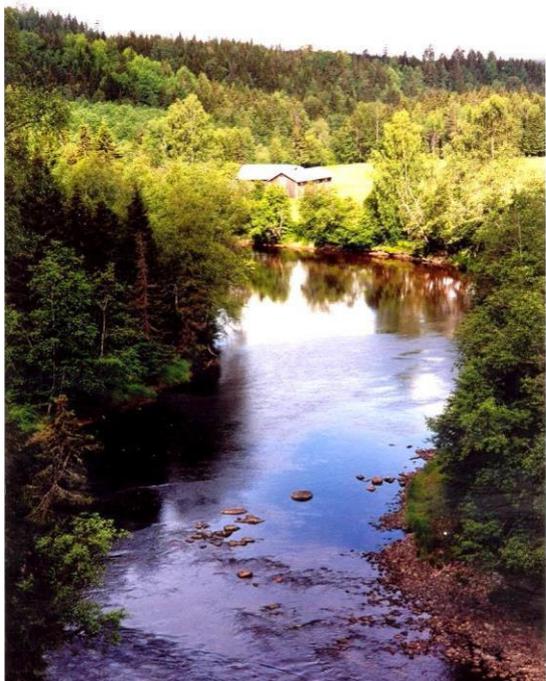
---

### Focusing on escaping the everyday

The 19<sup>th</sup> century country house Tjarn is situated in northern Sweden, in the southern Västerbotten county to be specific – just 45 minutes away from either Umeå or Örnsköldsvik. Tjarn is located in a secluded and idyllic setting right next to the Lögde River. The well-kept estate is surrounded by hills, steep river banks, fields and forests. The location in the river valley is considered as an area of particular national interest thanks to the beautiful nature and culture.

Tjarn is a place of contrasts and hence perfect for meetings, kick-off events, training, parties and functions and practically any social gathering you can think of. Here, the group disposes of the entire estate itself, with staff and guides available around the clock.

The farm offers a unique environment, which for instance has been nominated to “The Nordic most inspiring meeting places” and “The Grand Tourism Award”.



*On the traditional farm, there is a farmhouse, bake house, granary and barn with 29 beds in a total of 12 rooms as well as meeting rooms varying in size for up to 30 people both indoors and outdoors. A function room (maximum capacity: 50 people), a wood-fired sauna and relax room has also been carefully added to the barn.*



## *Inspiring and motivating meetings and events*



*Modern art, sculptures and crafts are mixed with old tools to create an authentic and yet aesthetically appealing atmosphere full of contrasts aimed to inspire.*



*The contrast to city-life that a stay at Tjarn offers, the closeness to nature, the warmth from the campfire, the caring nature of the crew and the beautiful setting encourage new ideas and aid groups to reach easy and tough decisions with sustainability in mind.*



*The farm is mostly lit by candles and heated by fires – without electricity. The power used for meeting rooms, computers, broadband internet and equipment is sourced via solar cells, batteries and a small generator.*



*Apart from the inspiring atmosphere at the estate, the good food and beverage, board and lodge, and a tranquil environment, Tjarn also has an abundance of activities to recommend. Together with other local entrepreneurs, we offer around ten nature or culture experiences such as soft river rafting, fishing, hiking, pottery, metal forging, a guided herb walk, a guided mushroom tour, pentathlon, team-building activities, cooking, cross-country ski hike, snowmobile safari and lots more.*



*Tjarn is suitable for groups with bookings upon request during 20/2-20/4, 10/5-20/12.*

*For more information, please contact Bengt-Erik Hesse on +46 (0) 70-582 82 51 or [hesse@tjarn.se](mailto:hesse@tjarn.se)*



## *Inspiring and motivating meetings and events*

---



*Why organise a memorable meeting or event at Tjarn?*

*Some key reviews from visitors* - a unique environment that instils dialogue, motivation, inspiration, change and helps build teams, or just allows for some well-needed peace and quiet. An event that engages people and is both intellectually and emotionally rewarding.

*What characterises Tjarn?*

*An incredible nature and atmosphere* – much thanks to its vicinity to the river and forest.

*Exclusivity and simplicity in one* – aesthetical details in the light of flickering candles, a sustainable approach, organic products, local produce, and impressive food and beverage.

*One group = one country house* – you get the whole estate to yourself, and many efficient hours together.

*Inspiring environment that energizes* – loosens hierarchies, provides serenity and promotes creativity.

*Secluded but easily accessible* – no one in sight, but only 45 minutes from either Umeå or Örnsköldsvik towns and airports.

*Qualitative service and hosting throughout* – well-prepared and planned specifically with each group in mind.

**The hard work at Tjarn has led to us winning the Umeå region Tourism Prize and we have also been nominated to the Swedish National Grand Tourism Prize as the Nordic most inspiring meeting environment.**

*Tjarn focuses on sustainability, which means:*

*A chance for both individuals and groups* to gain new insights from environmentally sound social activities, so-called “slow adventures”, for instance having a wood-fired sauna with a dip in the river, rowing boats and an electric-powered raft for meetings and experiences, guided tours for berry and mushroom foraging, fishing, handicraft, storytelling, and just simply to relax.

*A chance for the company or business* to hold relaxed conversations and get new input via harmonious meeting rooms and outside alternatives to conference rooms – how about a meeting around the campfire, on a raft, on the bank of the river, along the hiking trail, on a field or why not whilst relaxing in the hammocks?

*A chance for the visitor* to enjoy and get energized by sustainable living using wood-burning fires, outdoor cooking, local produce and organic foods, water from a private well, generating the own electricity, storing food in olden-day root cellars, outhouses – or indoor toilets for convenience – full composting of food and recycling of waste.

*A chance for people and animals alike* to make use of the forest nature reserve that Tjarn has let establish on its grounds and which is now protected by law.

*A chance* to find out how careful and thoughtful renovations and improvements together with innovative solutions can help establish an attractive natural and cultural environment even in a modern society.

**The sustainability work has for instance led to Tjarn being nominated to the electricity company Eon’s E-Prize, and been appointed Climate-smart Västerbotten by the County Administrative Board of Västerbotten, and the Västerbotten 2016 Grand Prize as the “Sustainable Location”.**